

## MENTAL MOTORCYCLING

Motorcycling is 90 percent mental and 10 percent physical. I have been told by many that riding is their form of therapy. It is a great way to clear their mind. They feel at one with the road., the wind, the weather, and their bike. They feel almost closer to the higher power when they get to see things on their bikes. That normally would be missed in the car.

Bikers like to take the long way home and lose the thoughts of work and annoyances. Taking the time out of a busy lifestyle to spend it with friends. Stopping to look at a scenic view, sunset, or just to smell a rose. The expectation of good food and friendship. When discovering a back road ma and pa diner with motorcycles parked outside.

Riding by all means is an obtained skill. Have you noticed that experienced riders with passengers seem to steer themselves through curves effortlessly. True, most people with some coordination can learn to ride. Very few will master the sport. Those that do master it, love to ride and share experiences. Friendship is a driving force in happiness. Some believe anyone riding a motorcycle must be crazy. Notice how happy they appear.. Point out that there are no motorcycle parking zones outside psychiatric offices. Live long and ride safe.

Mickster